

# ORCA PROBUS CLUB

Comox Valley

NEWSLETTER

June 2020

## ***PRESIDENT'S PODIUM***

Hello everyone. Guess who!



Who is the guy with all the hair? Yes, this is how I looked when arriving off the boat from the UK into Canada 50 years ago this month, with Margaret and baby.

When I sat down to type this month's Podium I could not think of anything to write, as it feels as if we are in some kind of time warp. I decided to go back, and started looking at some old photos. This one is straight out of my old UK 1970 Passport.

We were planning a 50-years-in-Canada celebration with friends, but ended up social distancing in the back yard over a good bottle of bubbly.

What a ride the last 50 years has been, but the last couple of months have been the strangest! All we can do is to stay connected, help each other and follow the guidelines. At last, restrictions are loosening and we have taken great delight in having had three excellent take-out meals from our favourite restaurant. With any luck, they will be opening up the dining area soon.

Your Management Committee is still Zoom meeting, keeping a close eye on the latest provincial guidelines and how other clubs are approaching re-opening the smaller group activities. We want to make sure everyone is comfortable as we move forward. Despite not having the same locks as 50 years ago I still need a haircut!

Stay safe everyone.

Cheers!  
President Ken

**The ORCA PROBUS CLUB meetings are cancelled until at least September.**

**Our Website: [www.orcaprobust.ca](http://www.orcaprobust.ca)**



## ***JUNE BIRTHDAYS***

04 Bert Cronk	12 Mary Lynn Rasmussen
05 Joan Bertram	14 Marilyn Morris
05 Thomas Walker	19 Mike Graham
07 Don Manley	29 Judy Chrysler
08 Tim Ackerman	30 Josette Graham

## ***JULY BIRTHDAYS***

03 Neil Brodie	19 Marie Knowles
06 Mark Ouellette	20 Wendy Tippett
10 Terry Broomfield	24 Georgia McLellan
14 Lorne Irwin	26 Ross Cowan
16 John Dickinson	28 Ron Stocker
17 Miles Jones	31 John McLellan
17 Brenda Oakes	

## ***AUGUST BIRTHDAYS***

02 Ginny Lowrie  
 03 Lynnette Lynch  
 09 Rick Baldwin  
 11 Brenda Sarvis  
 13 Clayton Smith  
 16 Patrick Hockenhull  
 18 Karen Ross

## **ACTIVITY GROUP CONTACTS**

BBQ Group	Wendy Irwin
Bridge	MaryLynn Rasmussen
Dining Out	Lawrence Petkus
Dining In	Wendy Irwin
Garden Club	Cricket Price
Golf Group	Ross Cowan
Hiking Group	Tim Ackerman
Lunch Bunch	Maxine Slater
Probus Singers	Rae Siebert
Pub Club	Howard Siebert
Quilters Group	Beth Ritchie
Book Group	Marilyn Morris
Walking Group	Deanna Provencher
Bowling Group	Marie Knowles

While we still have a long way to go, we see a beginning to relax some of the isolation rules here on the Island. As a result there is talk about some of our group activities recommencing while following the rules for social distancing and group size. The book club has restarted, there was a group hike and in June, Ross Cowan is planning a golf outing.

You may be hearing from your activity group contact to discuss starting up.

*A guy goes to his doctor with a strange complaint.*

*“Well, it’s like this doctor. When I drive to work through the country, I start to sing ‘The green green grass of home’. If I see a cat, then its ‘What’s new, pussy cat?’ It’s so embarrassing; even when I am asleep I keep singing. Last night, it was ‘Delilah’ and the wife was not amused.”*

*“Yes, it would appear that you have the early symptoms of Tom Jones syndrome.”*

*“I have never heard of that. Is it common?” asked the man.*

*“It’s not unusual,” sang the doctor.*

# SCENES FROM ISOLATION

How our members are spending their time in Isolation



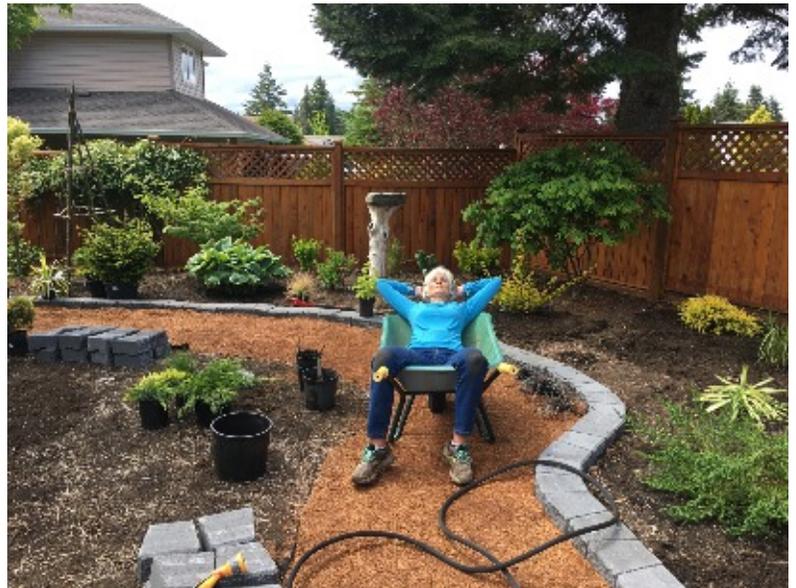
Miles Jones Paints Rocks



Caroline does Needlepoint



Cindy Budd makes Pizzas  
(yummy)



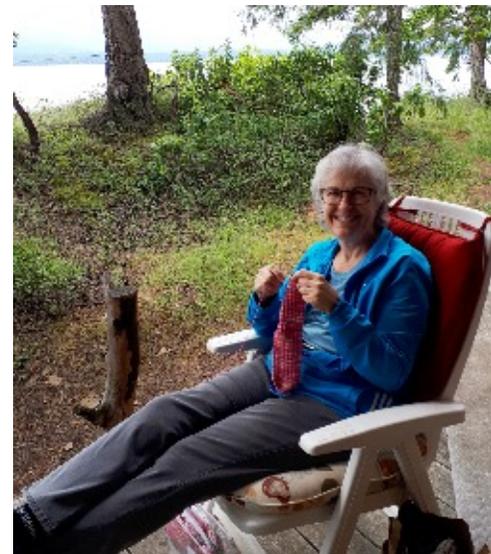
Barb Wilson works hard in the garden

*A minister stands before his congregation and says, "We have good news and we have bad news. First the good news, we have found the funds needed to make the repairs to the church and add the extension".*

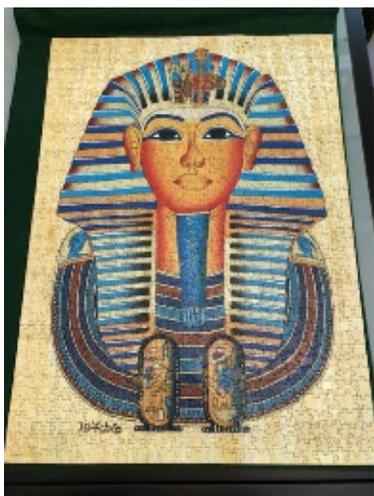
*"The bad news is that it is still in your pockets."*



Marguerite trims hedges (at home, not as a job)



Evelyn Keith Knits



Rae Siebert does Puzzles



Bruce cuts Scotch Broom



Mike and Barb deliver a present using a 2 m pole



With Gyms closed, Ian Pratt finds a way to work out

# TIME TO SPEND WITH PETS

Pets become a big part of our lives



Marie enjoys a walk with Max



Cricket about to take Callie for a walk



John and Donna Powell adopted a young puppy named Jaxon in March. Now their time is filled



Jill gets a kissy from her pet

For an amusing pet video... go on YouTube or Google and watch Marieles Dinner Funny Dog

Something to watch that is inspiring. On YouTube go to  
[The\\_Bells\\_of\\_Banff\\_video\\_mp4\\_1280\\_720](#)

Bev Oulette gave this suggestion on how to make your own sanitizing wipes.

She went to Shelter Point and bought a bottle of their sanitizing liquid. Some she keeps in a spray bottle to spray on chairs etc. However, she made her own sanitizing wipes: She cut a roll of paper towels in half using a bread knife. Placed it in a large zip lock bag and poured in 1½ cups of the liquid. Sealed the bag and let it soak. After 3 hours, she was able to pull out the cardboard centre. Each sheet pops up from the centre.



Social distancing while walking on the beach



Isabelle and Dave Pacholuk's grandson was busy sanitizing the outdoor chairs so Grandma and Grandpa could visit on Mother's Day



# HIKING GROUP

Jim Cooper is prepared to lead weekly hikes provided the group is limited and social distancing is followed. If interested contact Jim at [jcooper5@telus.net](mailto:jcooper5@telus.net)



## TWELVE COMMANDMENTS FOR SENIORS

- 1 - Talk to yourself. There are times you need expert advice.
  - 2 - "In Style" are the clothes that still fit.
  - 3 - You don't need anger management. You need people to stop pissing you off.
  - 4 - Your people skills are just fine. It's your tolerance for idiots that needs work.
  - 5 - The biggest lie you tell yourself is, "I don't need to write that down. I'll remember it."
  - 6 - "On time" is when you get there.
  - 7 - Even duct tape can't fix stupid - but it sure does muffle the sound.
  - 8 - It would be wonderful if we could put ourselves in the dryer for ten minutes, then come out wrinkle-free and three sizes smaller.
  - 9 - Lately, you've noticed that people your age are so much older than you.
  - 10 - Growing old should have taken longer.
  - 11 - Aging has slowed you down, but it hasn't shut you up.
  - 12 - You still haven't learned to act your age, and hope you never will.
- And one more: "One for the road" means peeing before you leave the house.